Project overview...

Providing all Nambucca Valley Family Day Care educators with physical activity resources to help encourage and promote physical activities for children in their care.

Nambucca Valley Family Day Care Innovation Fund in action...

Activity kits were launched at a recent Nambucca Valley Family Day Care Educator Day, where Health Promotion Officer Kerry Smith provided a presentation on the 24hour Movement Guidelines for Birth to 5 years.

The new activity kits will allow Nambucca Valley Family Day Care to improve fundamental movement skills for over 100 children in their home-based care.

"Keeping children active for life"

Nambucca Valley Family Day Care

