

Summit Program



Thursday 16 November 2017

Glasshouse

Port Macquarie

Mid North Coast Regional Obesity Summit: Healthy Children and Young People

06.30 - 07.15 Indigenous Marathon Foundation Running and Walking Group Summit Walk
Starting adjacent to Town Green Wharf Port Macquarie going to Town Beach and return (2.4km)

08.30 - 09.00 Registrations **Glasshouse, ground floor**

OPEN SESSION: THEATRE, GROUND FLOOR

09.00 - 09.15 Welcome to Country: *Uncle Bill O'Brien OAM*

Welcome from *Mayor Peta Pinson Port Macquarie-Hastings Council*

Introductions: *Kim Browne Master of Ceremonies (MC)*

09.15 - 09.20 Demonstration: *We will be the future stars performed by 'Sprockets'*

09.20 - 09.25 Welcoming remarks: *Warren Grimshaw AM Governing Board Chair, Mid North Coast Local Health District*

09.25 - 09.30 Digital story: *Mid North Coast Regional Snapshot*

09.30 - 09.40 Summit opening address: *Glenn King Deputy Secretary, Premier's Implementation Unit, Department of Premier and Cabinet*

09.40 - 10.00 Addressing childhood obesity in NSW: *Dr Kerry Chant PSM NSW Chief Health Officer and Deputy Secretary, Population and Public Health NSW Health*

MEZZANINE, FIRST FLOOR

10.00 - 10.45 Morning tea and time to learn from the local exhibitors

THEATRE, GROUND FLOOR

10.45 - 11.15 Liveable neighbourhoods: *Dr Karen Villanueva Research Fellow, Healthy Livable Cities Group Centre for Urban Research, School of Global Urban and Social Studies, RMIT University*

11.15- 12.15 More talk, more action: *Panel facilitated by Doug Tutt*

MEZZANINE, FIRST FLOOR AND GLASSHOUSE FORECOURT

12.15 - 12.50 Lunch and exhibitors **Mezzanine, first floor** and Community Activation Zone **Glasshouse forecourt**

CLOSED SESSION: ROSS FAMILY STUDIO, GROUND FLOOR

13.00 - 13.05 Digital story: *Local children and young people talk about healthy eating and active living*

13.05 - 14.45 Regional action planning and working afternoon tea

14.45 - 15.45 Executive report back to Summit

15.45 - 16.00 Wrap up: *Kim Browne and Action Sketcher*

Closing remarks: *Janine Reed MNCLHD Governing Board Member, Chair Healthy Communities Advisory Committee*

16.30 - 18.30 Post Summit networking: *Chop and Chill 17-19 Horton St, Port Macquarie (Town Green)*



Health
Mid North Coast
Local Health District

HOLIDAYCOAST
credit union



The Summit is being held on the lands of the Birpai people. We respectfully acknowledge the traditional owners who will welcome delegates to their country.